

Clinical Pharmacists

Clinical Pharmacists work within your GP practice. They are different to the community Pharmacists that work in Pharmacy stores. Our pharmacists work to make sure all aspects of your medication is appropriate, safe and effective.

Our Pharmacists are

Hannah Springate

Sam Baker

How they support you

Our Pharmacists have many roles and check medication added from hospitals for example. They also do a regular review of our patient's medication.

They are active in contacting our patients and discussing with you aspects of this. They are the best person to talk to, to review your medication and will have their own appointment list.

What can you expect

Our Clinical Pharmacists do a lot of work in the background to support your safe prescriptions. You may get a telephone review of your medicines, where a Clinical Pharmacist will ring you and discuss your medication with you.

They work in the practice with the rest of our team and will have access to your appropriate clinical records.

Physiotherapists

Our advanced PCN physiotherapists work directly with the practice and PCN to provide assessment and treatment for a range of conditions that can affect your functioning and mobility. They are able to diagnose and treat a wide range of conditions and are the right person to see first.

Our Physios are

Jim West

Liam Stanley

How they support you

Our experienced physiotherapist will make an assessment of you and offer support, treatment and referral if needed.

What can you expect

You may have a telephone call or a face-to-face assessment with our physiotherapist after calling the practice. They will help and guide you about advice and you may need a follow up with them. They are able to prescribe and refer you to a more formal course of physiotherapy for more investigations if needed.

Social Prescribers

Our PCN has a dedicated social prescriber who is able to take a holistic, complete view of our patient and help come up with options and solutions that will help. They link in with many support services that are available including mental health support, finance support and advice, community support groups and lifestyle advice.

Our Social Prescriber is **Katy Travis (Adult Support)**

Kate Hedley (Young People 13-24)

How they support you

They link in with many support services that are available including mental health support, finance support and advice, community support groups and lifestyle advice. Katy has a drop- in service at each of the three practices.

What can you expect

You can access our social prescribing team directly via your practice reception or you can be referred via anyone in your practice. A social prescriber will arrange to assess, with your permission and they will try and help you put together a plan to help your wellbeing.

Mental Health Practitioners

The Primary Care Network Mental Health Team (PCN MH) is part of Sheffield Mental Health Transformation program). This service provides local specialist mental health support for adults aged over 18yrs in Sheffield. It also supports GPs in the treatment of mental health issues in primary care. This service has several different pathways.

Our aim is:

- To improve access to prompt advice and support
- To reduce delays in accessing the most suitable support for you
- To enable you to receive help in a familiar setting
- To help deliver a more joined-up approach to your care
- To offer treatment and support based on all of your needs

How they support you

Mental health practitioners aim to promote a person-centred approach to physical and mental health. Your social care needs are also considered as part of this process. The service carries out assessments of your mental health either face to face or via the telephone.

Outcomes may include, but are not limited to:

- Signposting and/ or onward referrals to other services or organisations
- Advice on treatment
- Brief interventions to help you manage mental health challenges.

Mental health practitioners will support you to focus on your goals and to access your local community resources. They want to empower you on your recovery journey and as such if it is appropriate for you to self-refer to a service that they think could be helpful to you, they will fully encourage you to take this step.

Our Mental Health Practitioner is **Beth Cleghorn**

PCN Business Manager (Digital and Transformation lead)

The PCN manager works with clinical and operational teams within a Primary Care Network (PCN) to create a vision to guide service improvements, identify opportunities to make tangible positive transformation, and provide the inspiration, resource, and tools to deliver changes in a collaborative way. The PCN manager will support this vision to be developed in alignment with ICS strategy.

The PCN manager will plan, coordinate, and directly support delivery of transformation activity in general practice within a PCN – with a view to improving patient access, staff and patient satisfaction, and the efficiency and sustainability of general practice services. The post holder will work closely with staff working at practice and PCN level to understand current service models, identify challenges, agree priorities for improvement and then support these to be delivered.

The PCN manager will develop strong relationships with PCN member practices and will support the planning and delivery of improvements that will provide benefits to patients and staff.

Our PCN Manager is

Liz Sedgwick

Care Co-ordinators

Care co-ordinators are key workers in the practice and are able to link in with groups of patients to make sure that care is happening and that nothing and no one is missed.

How they support you

Certain groups of our patients have certain needs and our care co-ordinators will work to check this is done, they link in with the clinical teams to arrange set care. An example of this would be to ensure that all our care home residents are reviewed by the clinical team regularly and their medicines are reviewed.

What can you expect

Our care co-ordinators in our PCN are currently working with groups of patients including care home residents, those with multiple health needs, patients with cancer and patients with severe mental illness.

Each Practice has a Care Co-ordinator